



Sleep-Knit Fitted Bed Linen: Bed making Made Easy

Sleep-Knit bed linen is soft, stretchy and fitted unlike conventional woven linen which may be hard, rigid and flat. Sleep-Knit linens are designed with a plated construction with cotton against the skin for patient comfort and polyester on the reverse for durability, which makes proper bed-making essential.

Bottom Sheet – Blue Binding

Semi-fitted Top Sheet – Burgundy Binding (bottom corners are fitted)

DO NOT



DO NOT lift the mattress more than a few centimeters to fit the sheet - mattress would create a banana shape sheets will force unnecessary stretch

DO NOT



DO NOT place the TOP SHEET in a way that has the stitching pointing upwards being smooth

DO NOT



DO NOT fit the sheet with the colored binding visible across the entire width of the mattress - this will place the polyester against the skin rather than the cotton

DO NOT



DO NOT fit the TOP SHEET in a way that has the turnover showing a rough edge.



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DO



DO secure the first 2 corners (any corners), keeping the mattress flat at all times. For the 3rd corner, place your hand in the corner and stretch around the mattresses edge.

DO



DO fit the TOP SHEET so that the stitching is pointing upwards, diagonally from the corner; this will ensure cotton against the skin.

DO



DO keep your hand in the corner and use your other hand to pull and flip the sheet down and under the mattress. Repeat the procedure with the 4th corner. Pull the side and tuck under the mattress
NOTE: Do not tuck if resident is on a dynamic/air mattress.

DO



DO pull the TOP SHEET to the open end of the bed and fold over to display the turnover (should show a smooth hem to show the sheet has been put on correctly)

DO



DO ensure that the binding is not visible when on the mattress. The binding should only be seen in the center (as shown).

DO



DO place the thermal spread over the top sheet with the round corners to the bottom and square corners towards the top. Pull tightly and tuck under the mattress. *NOTE: do not tuck if resident is on a dynamic/air mattress.*